



Simply Asia Food Allergens

Rev. 12/04/2009

Noodles & Sauce	<i>Gluten-Free</i>	<i>Dairy-Free</i>	<i>Vegan</i>	<i>Organic</i>	<i>Eggs</i>	<i>Fish</i>	<i>Shellfish</i>	<i>Treenuts</i>	<i>Peanuts</i>	<i>Wheat</i>	<i>Soybeans</i>	<i>Milk</i>
Soy Ginger	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No
Sesame Teriyaki	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No
Chili Garlic	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No
Spicy Kung Pao	No	Yes	Yes	No	No	No	No	No	Yes	Yes	Yes	No
Roasted Peanut	No	Yes	No	No	No	Anchovy	No	No	Yes	Yes	Yes	No
Toasted Sesame Garlic	No	Yes	Yes	No	No	No	No	No	Yes	Yes	Yes	No
Spicy Szechwan	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No

Heat & Serve Noodle Bowls	<i>Gluten-Free</i>	<i>Dairy-Free</i>	<i>Vegan</i>	<i>Organic</i>	<i>Eggs</i>	<i>Fish</i>	<i>Shellfish</i>	<i>Treenuts</i>	<i>Peanuts</i>	<i>Wheat</i>	<i>Soybeans</i>	<i>Milk</i>
Spicy Kung Pao	No	Yes	Yes	No	No	No	No	No	Yes	Yes	Yes	No
Soy Ginger	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No
Sesame Teriyaki	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No
Roasted Peanut	No	Yes	No	No	No	Anchovy	No	No	Yes	Yes	Yes	No
Mandarin Orange	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No
Spicy Mongolian	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No

Rice Noodle Soup Bowls	<i>Gluten-Free</i>	<i>Dairy-Free</i>	<i>Vegan</i>	<i>Organic</i>	<i>Eggs</i>	<i>Fish</i>	<i>Shellfish</i>	<i>Treenuts</i>	<i>Peanuts</i>	<i>Wheat</i>	<i>Soybeans</i>	<i>Milk</i>
Shiitake Mushroom	No	No	No	No	No	No	No	No	No	Yes	Yes	Yes
Spring Vegetable	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes
Garlic Sesame	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes
Sesame Chicken	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes

Soup Bowls	<i>Gluten-Free</i>	<i>Dairy-Free</i>	<i>Vegan</i>	<i>Organic</i>	<i>Eggs</i>	<i>Fish</i>	<i>Shellfish</i>	<i>Treenuts</i>	<i>Peanuts</i>	<i>Wheat</i>	<i>Soybeans</i>	<i>Milk</i>
Sesame Chicken	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No
Spring Vegetable	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No
Miso Tofu	No	Yes	No	No	No	Bonito	No	No	No	Yes	Yes	No
Szechwan Hot & Sour	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No

Quick Noodles	<i>Gluten-Free</i>	<i>Dairy-Free</i>	<i>Vegan</i>	<i>Organic</i>	<i>Eggs</i>	<i>Fish</i>	<i>Shellfish</i>	<i>Treenuts</i>	<i>Peanuts</i>	<i>Wheat</i>	<i>Soybeans</i>	<i>Milk</i>
Szechwan Garlic Chow Mein	No	Yes	Yes	No	No	No	No	No	Yes	Yes	Yes	No
Pad Thai	No	Yes	No	No	No	Mahi Mahi	No	No	Yes	Yes	Yes	No
Honey Teriyaki	No	Yes	No	No	No	No	No	No	No	Yes	Yes	No
Sweet & Sour Chow Mein	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No

Stir Fry	<i>Gluten-Free</i>	<i>Dairy-Free</i>	<i>Vegan</i>	<i>Organic</i>	<i>Eggs</i>	<i>Fish</i>	<i>Shellfish</i>	<i>Treenuts</i>	<i>Peanuts</i>	<i>Wheat</i>	<i>Soybeans</i>	<i>Milk</i>
Spicy Kung Pao	No	Yes	Yes	No	No	No	No	No	Yes	Yes	Yes	No
Mandarin Orange	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No
Honey Teriyaki	No	Yes	No	No	No	No	No	No	No	Yes	Yes	No

Take Out	<i>Gluten-Free</i>	<i>Dairy-Free</i>	<i>Vegan</i>	<i>Organic</i>	<i>Eggs</i>	<i>Fish</i>	<i>Shellfish</i>	<i>Treenuts</i>	<i>Peanuts</i>	<i>Wheat</i>	<i>Soybeans</i>	<i>Milk</i>
Spicy Kung Pao	No	Yes	Yes	No	No	No	No	No	Yes	Yes	Yes	No
Szechwan Garlic Chow Mein	No	Yes	Yes	No	No	No	No	No	Yes	Yes	Yes	No
Sweet & Sour Chow Mein	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No
Honey Teriyaki	No	Yes	No	No	No	No	No	No	No	Yes	Yes	No
Pad Thai	No	Yes	No	No	No	Mahi Mahi	No	No	Yes	Yes	Yes	No
Roasted Peanut	No	Yes	No	No	No	Anchovy	No	No	Yes	Yes	Yes	No

Stir Fry Sauce Pouches	<i>Gluten-Free</i>	<i>Dairy-Free</i>	<i>Vegan</i>	<i>Organic</i>	<i>Eggs</i>	<i>Fish</i>	<i>Shellfish</i>	<i>Treenuts</i>	<i>Peanuts</i>	<i>Wheat</i>	<i>Soybeans</i>	<i>Milk</i>
Ginger Teriyaki	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No
General Tso	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No
Kung Pao	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No
Mandarin Orange	No	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No

Seasoning Mixes	<i>Gluten-Free</i>	<i>Dairy-Free</i>	<i>Vegan</i>	<i>Organic</i>	<i>Eggs</i>	<i>Fish</i>	<i>Shellfish</i>	<i>Treenuts</i>	<i>Peanuts</i>	<i>Wheat</i>	<i>Soybeans</i>	<i>Milk</i>
Sesame Teriyaki	No	Yes	No	No	No	No	No	No	No	Yes	Yes	No
Sweet and Sour	No	Yes	No	No	No	No	No	No	No	Yes	Yes	No
Beef and Broccoli	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No
Fried Rice	No	No	No	No	No	No	No	No	No	Yes	Yes	Yes

Steamers	<i>Gluten-Free</i>	<i>Dairy-Free</i>	<i>Vegan</i>	<i>Organic</i>	<i>Eggs</i>	<i>Fish</i>	<i>Shellfish</i>	<i>Treenuts</i>	<i>Peanuts</i>	<i>Wheat</i>	<i>Soybeans</i>	<i>Milk</i>
Hunan Broccoli	No	Yes	No	No	No	No	No	No	No	Yes	Yes	No
General Tsao	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes
Kung Pao	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes
Szechuan Green Bean	No	No	No	No	No	No	No	No	No	Yes	Yes	Yes